

Module 1

Human Health: *Staying Healthy with Personal Hygiene Habits*

Lesson 5

Brush Your Teeth

Assessment for Learning

This diagnostic activity will help to evaluate and monitor the impact of this oral health lesson and to observe any changes in attitudes, behaviors, and practice. Administer the Intake and Pre-questionnaire at the beginning of the lesson and the exact same questionnaire minus the intake at the end of the lesson.

Intake, Pre- and Post-Questionnaire Sample

INTAKE

1. Who taught you how to brush your teeth?
 - a) My parents
 - b) My brothers and sisters
 - c) I taught myself
 - d) A hygienist

2. Have you ever been examined by a dentist?
 - a) Once
 - b) Twice
 - c) I get a check-up at the dentist every year
 - d) Never

3. With whom do you share your toothbrush?
 - a) My mom or my dad
 - b) My brother or sister
 - c) I don't share my toothbrush
 - d) I don't have a toothbrush

4. If you own a toothbrush, how old is it?
 - a) 1 to 2 years old
 - b) I don't know
 - c) 0 to 12 months old
 - d) 2 or more years old

PRE-QUESTIONNAIRE

5. How often do dental professionals recommend changing your toothbrush?
 - a) Every month
 - b) Every 3 years
 - c) Every 3 to 4 months
 - d) Every year

6. When you brush your teeth, for how long should you brush?
 - a) 5 minutes
 - b) 30 seconds
 - c) 1 minute
 - d) 2 minutes

7. How many teeth do adults have?
 - a) 32
 - b) 44
 - c) 38
 - d) 22

8. What is the part of the tooth that you see in your mouth?
 - a) root
 - b) crown
 - c) pulp
 - d) nerve

9. What is the key ingredient in toothpaste that helps prevent cavities?
 - a) chlorine
 - b) sugar
 - c) sodium sulfate
 - d) fluoride

10. What is a cavity?
 - a) a piece of dirt on your tooth
 - b) a hole in your tooth that causes it to go bad
 - c) a bad tooth that needs to be removed
 - d) a space where food gets caught

11. Have you thought about being a dental professional when you grow up?
 - a) yes
 - b) no
 - c) I don't know

POST-Questionnaire Sample

1. How often do dental professionals recommend changing your toothbrush?
 - a) Every month
 - b) Every 3 years
 - c) Every 3 to 4 months
 - d) Every year

2. When you brush your teeth, for how long should you brush?
 - a) 5 minutes
 - b) 30 seconds
 - c) 1 minute
 - d) 2 minutes

3. How many teeth do adults have?
 - a) 32
 - b) 44
 - c) 38
 - d) 22

4. What is the part of the tooth that you see in your mouth?
 - a) root
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5. What is the key ingredient in toothpaste that helps prevent cavities?
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6. What is a cavity?
 - a) a piece of dirt on your tooth
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7. Have you thought about being a dental professional when you grow up?
 - a) yes
 - b) no
 - c) I don't know